



Camberley & District Athletic Club

Founded March 1954. Affiliated to UKA, EA, SEAA, SCAA & SPFA

Code of Conduct for Athletes

(previously Junior Club Rules)

Camberley & District Athletic Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should always show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with **any of the coaches or committee members**.

As a member of Camberley & District Athletic Club you agree to:

- Play within the rules of athletics; treating all athletes, including opponents, with equal dignity and respect.
- Thank coaches and officials who enable you to participate in athletics and respect their decisions.
- Inform your coach of any medical condition that may influence your ability to train or to compete.
- Keep to agreed timings for training and competitions or inform your coach or team manager if you are going to be late.
- Wear suitable kit – trainers, shorts and/or tracksuit bottoms, T-shirt, sweatshirt – for training and match sessions, as agreed with the coach/team manager.
- Take responsibility for your own and others' safety. This includes adhering to the advice of coaches, correct handling of equipment and having due care for others.
- Avoid bad language and irresponsible behaviour. Report any behaviour you are uncomfortable with to your coach or responsible adult.
- Not smoke on club premises or whilst representing the club at competitions.
- Not carry or consume alcohol or drugs of any kind on the club premises or whilst representing the club.
- Not take photographs of other members in training or competition without explicit permission and details of their use. Do not link ('tag') these photographs to names on any social network sites.
- Not leave training or competition venues without knowledge of or permission of the coach or responsible adult (under 18's).
- Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer (under 18's).



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Behaviour Code

It only takes one athlete behaving inappropriately to totally disrupt a training session, which is not only disrespectful to the other members of the group but also to the coach. In light of this we have developed a behaviour policy and we hope that athletes and parents will both appreciate the need, & give us your full support:

- A first offence will incur a “sin bin period” when the athlete will be asked to sit out of the session for a period of time.
- A second offence will incur a “yellow card” and the athlete will again be asked to sit out.
- A third offence will incur a “red card” when parents will be contacted and the athlete will not be allowed to attend training for the next two sessions. The athlete’s status will also be recorded in the clubhouse.
- Parents will be notified of yellow cards and the athlete can wipe their slate clean by achieving four sessions without incident, from the time of the last poor behaviour.